# Personal experiences with COST

Viktor G. Mihucz, Department of Analytical Chemistry, Institute of Chemistry, Faculty of Science,













# Participation in COST



1. CA17136, INDAIRPOLLNET (2018-2023)

https://www.cost.eu/actions/CA17136/

https://indairpollnet.york.ac.uk/

2. CA18130, ENFORCETXRF (2019-2023)

https://www.cost.eu/actions/CA18130/

https://enforcetxrf.eu/







### An idea is needed – Indoor Air Quality

- In high-income countries, people spend 80–90 % of their time indoors → most exposure to indoor air pollution.
- Need for reduction of global incidence and impact of diseases such as lung cancer, stroke and asthma.
- Recognition of the significance of exposure to pollution indoors has grown over the last 35 years.
- Buildings have become more airtight to reduce energy loss and CO<sub>2</sub> emissions, to combat climate change impacts.
- Reduced ventilation rates in the energy efficient buildings.
- Research, advice and regulations still focus predominantly on outdoor air pollution.
- Much of the existing IAQ literature is based on North American and Asia Specific needs for IAQ research in Euro







## INDAIRPOLLNET: INDoor AIR POLLution

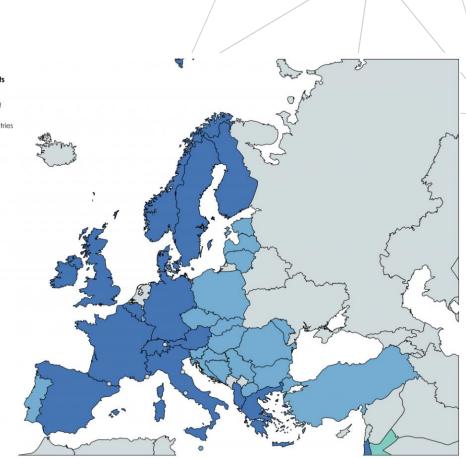
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 Previous contact with main proposer due to the OFFICAIR FP6 INDAIRPOLLNET participants collaborative EU research project (2010-2013)

COST Full members COST Inclusiveness Target Near Neighbouring Countries

- Running time: 2018-2023
- 48 original proposers from 17 different countries.
- At the end of the project, 208 participating scientists from 37 countries.





# Objectives of INDAIRPOLLNET

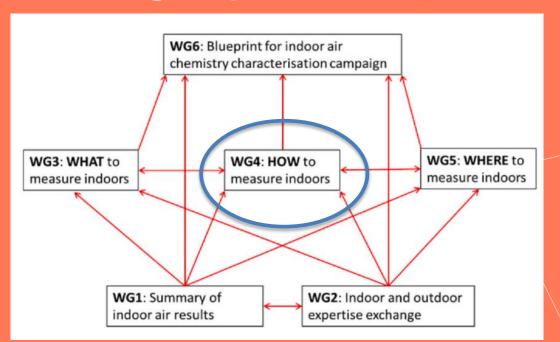
- Blueprint for the optimal indoor air chemical characterisation campaign
- Significantly advance the field of indoor air pollution science
- Training a new generation of Early Career Investigators (ECIs)
- Highlighting future research areas
- Bridging the gap between research and business to identify appropriate mitigation strategies that optimise IAQ.





## 2. Work group leadership

## 3. Core group member 🤛





# 1. Management Committee Membership

Active involvement in all decisions concerning the project

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### CA 17136 INDAIRPOLLNET 2nd ECIs' Training School, May 24-26<sup>th</sup>, 2022, Hungary



**Visit to the Budapest** platform for Aerosol **Research and Training** (BpART) at ELTE

ELTE

PhD student and Young Researcher participants

Székesfehérvár



performed



Performing TD-GC/MS and ICP-MS measurements at FEPTEST Laboratory (Székesfehérvár)

## **Outcomes**

**Applied Spectroscopy Reviews (Q1 journal)** Open access Special Issue papers, Vol. 57, 2022: Toward a better understanding of indoor air quality holistically integrating improved and new instrumental analytical techniques





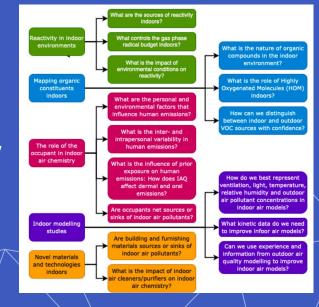
#### Indoor Environments

Volume 1, Issue 1, March 2024, 100001

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**Outcomes of** the project as inaugural article of a new scientific journal





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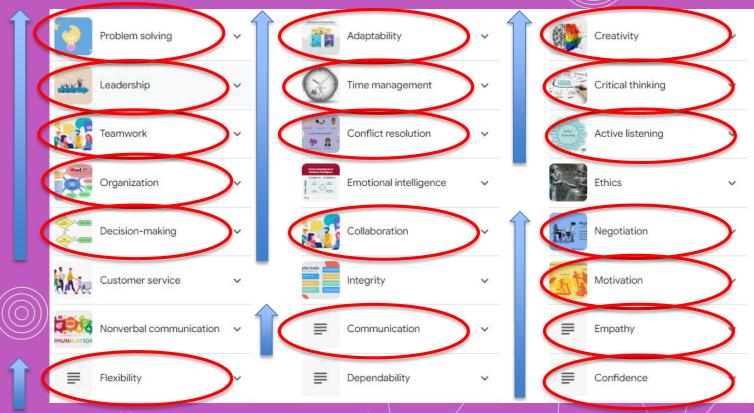
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https://indairpollnet.york.ac.uk/ resources

# Personal development



https://www.investopedia.com/

# Professional

- Participation in the elaboration of a ventilation guide for indoor environments
  Initiation of a Prook At 1960 RELENT
- Referee in international PhD thesis defenses (Como, Italy, March & York, UK, August 2024)
- Participation in the HORIZON-HLTH-2021-ENVHLTH-02 call with network partners submitting a research proposal to address the sources, transformation, exposure, doseresponse and health effects of indoor aerosols
- Participation in a COST ACTION proposal: Network for Indoor Air Cleaning just accepted
- Invited speaker at European Symposium on Atomic Spectrometry on this topic



 $\Sigma$ : Better insight on indoor air quality



## Thank you very much for your attention!



